

REETH & DISTRICT GAZETTE

ISSUE NO. 236

JANUARY 2016



*Your local news magazine
for the Two Dales.*

FREE YET PRICELESS

First Thoughts . . .

So, January and like a circle in a spiral, like a wheel within a wheel, we are right back where we started from with another year over and a new one just begun. It's that time of year when we look back at what we have done - or not done as the case might be.

Have you, for example, failed to clear up the mess your dog has left because no-one saw him doing it which means you can just leave it where it is? Or maybe you have recklessly discarded your recycling at the Recycling Centre without any thought as to which bin it should go in or any attempt to flatten it. Or perhaps you have just abandoned your car without any consideration for other users of the highway, pedestrian or vehicular.

In the grand scheme of things, these are just trivialities, and if that is all we had to worry about, we should be so lucky. But on a local level they do cause plenty of disharmony and surely, there is enough of that already in the world without us adding to it.

But wait a minute - this is all a bit negative for the start of a new year. Should we not be focusing on more positive things? Well, here's one for you: I find it very encouraging to see how often the young people - you know, those members of our community who are frequently held responsible for all the disturbance, damage and littering, regardless of whether or not they are responsible for it - when they come into our shop, will put their loose change into the charity box. Perhaps they just need a youth club to go to. (See Page 11.)

Anyway, as a gesture of goodwill at the start of a new year, The Gazette will donate £10.00 for the charity of your choice, to the person who can correctly identify the seven song titles / lyrics inserted into this article, and name the singers. (In the event of a tie, a draw will be made.)

And don't forget, in the end, the love you take is equal to the love you make. **MAC**

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All articles or items for inclusion should be sent to the editor (E-mail: editor@reethgazette.co.uk) or left at Reeth Post Office.

Posting The Gazette

If you are posting a copy of this Gazette to a friend or relative, please note that it is **Large Letter** size and will cost £1.19 second class; or £1.26 first class - two first class stamps.

Gazette Deadlines

The deadlines for the next two months are:

February issue: January 10th

March issue: February 10th

PLEASE NOTE: We cannot guarantee that items submitted close to the deadline date will be included.

Which came first?

According to Genesis 1:20-22, the chicken came before the egg.

COVER PICTURE

'No Quoits Today at Grinton'
Taken by Phil Lee
on 06-12-15

REETH AND DISTRICT GAZETTE LTD

Letter To The Editor Dog Fouling

In December's Gazette, we published a letter from a 'Disgusted Resident' concerning deposits left by a dog, described as 'possibly a dark Labrador' and inferring that the owner is a local.

Unfortunately, the letter may be taken by some to refer to a particular resident. He has written to The Gazette explaining: 'Many of my friends have seen the letter and associated me as the owner, but have

commented that they know I would not do such a thing.'

Indeed, some of these friends have also commented to The Gazette that they know full well that this gentleman always 'picks up'.

We would like to make it quite clear therefore that he is not the guilty dog owner and sincerely regret the upset caused.

To end on a positive note: the gentleman also expressed his thanks to Reeth Parish Council for providing dog bins, particularly the one at the end of the Parks walk.

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We look forward to seeing you in February.

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**Twenty Years Ago
Extracts from the
January 1996 Gazette**

With this our sixth issue, we are satisfied for the future of this publication.

Winter has come with a vengeance and the recent cold spell has caused many problems especially with frozen pipes. Fortunately for the time being we seem to have escaped the heavy snow falls and certain areas still haven't had the roads gritted like they used to be.

A good season has been enjoyed by the Reeth and District Angling Club with a club record being made when Adam Hollingworth caught a 2lb 9oz brown trout.

Efforts are being made to open a Youth Club and hopefully the young people will

benefit from it. Despite certain recent annoyances we are very fortunate with our young people and those same persons at the root of those annoyances did prevent at least one burglary through their observations and community spirited actions.

Editor's Note: This was 'found' after I had written First Thoughts and after including the piece on Page 11 about a youth club. Isn't Life Strange, eh? (The Moody Blues, by the way, in case you were wondering, from the album, Seventh Sojourn).

**Gobbledegook
of the Month**

'Please can you let me know the February deadline so I can diarise it.'

Don't forget: The Gazette is online.

www.2dales.org.uk

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Reeth Memorial Hall

Clearance

Following the refurbishment of the Hall we plan to clear excess items currently stored on the top of the stage cupboards. If you wish to reclaim and take away any of these items, please do so before the skip claims them.

Friday 19th February: Megson. Three times nominated in the BBC Radio 2 Folk Awards and double winners of the Spiral Earth Awards, Megson draw heavily on their Teesside heritage to create a truly unique brand of folk music. The husband & wife duo bring an infectious mix of heavenly vocals, lush harmonies and driving rhythmic guitars. Comprising Debs Hanna (Vocals, Whistle, Piano Accordion) and Stu Hanna (Guitar, Mandola, Banjo) Megson have gained fame on the British folk scene, not only for their arresting & intelligent songwriting, but for their exquisite musicianship and northern humour. As *Roots Magazine* puts it: 'If you don't like the music here then you have a problem.' Tickets £13 (door £15)

Latest News

Friday 17th June: An Evening with The Dreamers.

Tickets from **Reeth PO**; or contact John Little **01748 884759**; or go to **www.reethmemorialhall.co.uk**. Half price for under 16s.

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Born in January?

Who do you share your birthday with?

- 1 Kim Philby, a mole
- 2 Roger Miller, King, of the road
- 3 John R R Tolkien, Ring Lord
- 4 Jacob Grimm, a fairy tale
- 5 Diane Keaton, gangster's moll
- 6 Syd Barrett, a Crazy Diamond
- 7 Mike McGear, Macca's little brother
- 8 The King
- 9 Jimmy Page, plays guitar a bit
- 10 George Foreman, a grill
- 11 The Big Man
- 12 Des O'Connor, short for 'Desperate'
- 13 Stephen Hendry, mis-spent youth
- 14 Emily Rose, daughter
- 15 Martin Luther King Jr. had a dream
- 16 Eric Liddell, a chariot of fire
- 17 The Greatest
- 18 Oliver Hardy, got into a nice mess
- 19 Edgar Allen Poe, got kicked by a penguin
- 20 Buzz Aldrin, second on the moon
- 21 Telly Savalas, he loves ya, baby
- 22 Bill Bixby, don't make him angry
- 23 Danny Federici, E Street member
- 24 Frederick the Great, enlightened despot
- 25 Virginia Woolf, no-one's afraid of her
- 26 Wayne Gretzky, ice skater
- 27 Mohamed Al Fayed, has a bob or two
- 28 Nicolas Sarkozy, ex-president
- 29 Tom Selleck, a private ice cream
- 30 Gene Hackman, some connection with France
- 31 Franz Schubert, no foot

Reeth Gazette Community Chest

The first recipients of this award are **The Community First Responders**. Here's what they have to say:

8.6%, that's less than 1 in 10, are the chances of surviving a heart attack outside hospital. That figure doubles to nearly **20%** if Cardio Pulmonary Resuscitation (CPR) is given immediately. When the heart has stopped beating CPR 'squeezes' the heart so it can pump oxygen rich blood around the body feeding vital organs which would otherwise start to deteriorate causing, for example, brain and kidney damage before ultimately resulting in death. If defibrillation is delivered promptly, survival rates as high as **75%** have been reported.

The role of the Community First Responder (CFR) is to provide basic life support, early defibrillation and oxygen therapy; and to monitor and reassure patients prior to the arrival of the ambulance as well as providing assistance to the attending ambulance crew. This is why chest pain and breathing difficulties are treated seriously as they are the main indicators to a possible heart attack.

In addition to heart attack CFRs also attend other life threatening medical emergencies including:

- Allergic reactions (anaphylaxis)
- Breathing problems
- Respiratory arrest
- Chest pains
- Choking
- Convulsions/fitting

- Diabetic emergencies
- Heart problems (angina)
- Stroke
- Unconscious patients

Reeth and Grinton Community First Responders are local people serving local communities. We receive training 4 times a year, including recertification every 6 months, by the Community Defibrillation trainer for Yorkshire Ambulance Service NHS Trust. This vital training is held in the Reeth Memorial Hall and understandably incurs a cost. We receive a tremendous amount of support from the Yorkshire Ambulance Service, however, we do not receive any funding and are responsible for our own fundraising. We are, therefore, most grateful to be chosen by the Reeth Gazette Community Chest for this donation.

If you are interested and would like more information please call: **Andrea Busby** (at Marrick) on **01748 884261** , **Simon Radonicich** (at Low Row) on **01748 886453** or **Patrick Murphy** , Community Defibrillation Trainer, (North & Craven Area) Mobile **07824 407955**.



If you'd like your group to benefit, just email the editor@reethgazette.co.uk giving the name of the organisation and a little bit about what it does. The management board of the Gazette will select one group each month to receive a donation. If yours is selected, you'll be asked to write an article of 300-400 words to appear in the Gazette, so that you can tell the wider community how your organisation contributes to the life of the two dales.

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Did You Know?

On average, 100 people choke to death on ballpoint pens every year.
More people are killed by donkeys annually than are killed in plane crashes.

A Youth Club in Reeth?

Richie Bastow, a Youth Development Worker for Richmondshire and Hambleton, North Yorkshire Youth, recently attended the Parish Council meeting in Reeth to discuss Youth provision in Reeth and district. He is interested in finding out if there is a need for a youth club in Reeth and if one would be a viable proposition.

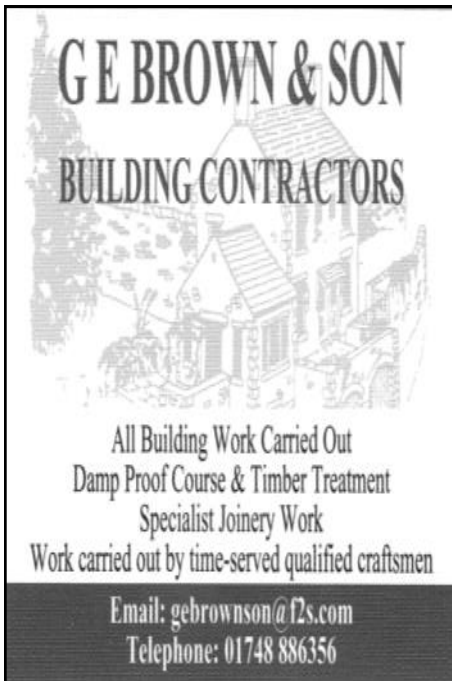
There are two main requisites for a youth club to be re-established in Reeth: people to run it and young people to attend. Ideally the person in charge (who would receive payment for fulfilling the role) would be a local person but if there was no-one willing to take responsibility, he would look further afield. In addition, voluntary helpers would be required.

Funding is available from various sources and Richie is able to offer help in applying for these.

If you have any thoughts on the need for a youth club, whether as a parent or a prospective member, Richie would like to hear your views. Also, if you are interested in being the paid organiser, or just helping out as a volunteer, he would like you to get in touch with him. His contact details are below.

Obviously this is still very much at the 'thinking about it' stage, but if there is a need - and without feedback from the community this is difficult to establish - Richie is keen to get something established as soon as possible.

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Swaledale Mountain and Cave Rescue Team

There were 3 incidents in total for the team last month:

15/11/2015 (51) 13.30hrs: The team were called by Fire & Rescue to assist with a number of local flood incidents.

14/11/2015 (50) 07.30hrs: The team was called to assist Scarborough MRT along with our search dog & handler, to the ongoing search for a missing walker in the North Yorkshire Moors. As well as the surface search a small team from Swaledale, Cave Rescue & Upper Wharfedale searched underground.

12/11/2015 (49) 18.30hrs: The team was called to assist Scarborough MRT along with our search dog & handler, to the ongoing search for a missing walker in the North Yorkshire Moors.

Thanks to the following for their continued support:

Butt House, Keld: £136.27

Keld Lodge: £67.12

Yore Mill Craft & Tea Shop, Aysgarth:
£33.97

All money raised is used to pay for insurance, maintenance and running of our three emergency vehicles, operating and up keep of our base, and the replacement of rescue and medical equipment.

Happy New Year to all our supporters.

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Ranger News

As some locals will have noticed the National Park Rangers and Volunteers have been busy again by the river. The route beyond the Swing Bridge on the northern bank had become narrow, uneven and not a pleasant walk for some. You may have even been avoiding it.

Well now the route is vastly improved with an extended section of boardwalk, giving a long stretch of level footpath right by the river. The route to Healaugh has never looked so good.

What you may be interested to know is that a good portion of the cost of this work - mainly to cover materials - came from donations we received from the organisers of a few events held in Swaledale over the summer. These events included The Dales Trail Series, organised by Rich Gale of Swaledale Outdoors and his team; The OMM Bike & Lite, a mountain marathon event and the 'ArdRock Enduro mountain bike

event, based at the Dales Bike Centre. You may or may not have noticed these events taking place in Swaledale but one thing they have in common is that they all come here to take advantage of the stunning location and the challenges it provides for their competitors.

I have worked with all these events to help in their organisation to limit any impacts they might have on local activities and people. The organisers themselves have worked very hard to minimise any impacts and as such the National Park Authority is more than happy to support them and take their money - which we promise to spend on improving the local footpaths and bridleways.

So please take a walk to the river to see this excellent work. It is a great example of what generating income locally can do for the area.

I hope we can build on these events and their potential for future improvements for everyone's benefit.

**Michael Briggs, Area Ranger
Swaledale & Arkengarthdale**



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	<h3 style="margin: 0;">Leyburn Arts and Community Centre</h3> <h3 style="margin: 0;">- <i>Events Calendar</i> -</h3> <p style="font-size: small; margin: 0;">The Old School House, Richmond Road, Leyburn DL8 5DL</p>	<p style="font-size: small; margin: 0;"><i>Film Tickets</i></p> <p style="margin: 0;">Adults £6</p> <p style="margin: 0;">Concessions £5</p>
<p>Fri 8 Jan Film: Man Up 5.00 & 7.30</p> <p>Fri 15 Jan Film: Mr Morgan's Last Love 5.00 & 7.30</p> <p>Fri 22 Jan Film: 45 Years 5.00 & 7.30</p> <p>Fri 29 Jan Film: Everest 5.00 & 7.30</p> <p>Sat 30 Jan Special Event - Film: Addicted to Sheep 7.00 pm</p>	<p>This romantic comedy follows a single 34-year-old woman (Lake Bell), who after being mistaken for a stranger's blind date, finds the perfect boyfriend in a 40-year-old divorcee (Simon Pegg).</p> <p>He's a widower in Paris who speaks no French; she's a dance instructor less than half his age. Can they become a family, or will his estranged adult children halt the friendship? Michael Caine stars.</p> <p>In the week leading up to their 45th wedding anniversary, a couple receive an unexpected letter which contains potentially life changing news. Starring Charlotte Rampling and Tom Courtenay.</p> <p>Two commercial expeditions start their final ascent of Everest. With little warning, the adventurers are engulfed in one of the fiercest blizzards ever encountered. The teams must endure blistering winds and freezing temperatures in a battle to survive nearly impossible odds. Based on a true story.</p> <p>A fascinating documentary about a tenant hill farmer and his family working through the four seasons to breed the perfect sheep in Upper Teesdale. £8 including cheese, biscuits and a glass of wine.</p>	
<p>Films to Look Out For in 2016 Suffragette, Spectre, Lady In the Van, Bridge of Spies, The Dressmaker, Walk in the Woods, Love and Mercy and Dad's Army.</p>		
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Reeth Literary Institute Trust

Limited grants are available from the Trust for voluntary bodies working for the interest of social welfare and education, with the object of improving life within the township of Reeth.

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2 Dales Football

With the earlier going to press I do not have a report of the Under 10s playing with Spennithorne.

The Under 12s have not been able to play since the Colburn match reported in the last issue. We have had one bye and 2 attempts to play Thirsk at Reeth postponed because of weather. One Sunday the pitch was largely underwater.

We are very fortunate now to have the MUGA to train on Friday evenings and these have all gone ahead though some have been a bit wet. It is, however, nice and warm (at least for

me that is, and parents watching from the centrally heated clubroom.)

We now head indoors on Sunday mornings to play Futsal in Richmond School Sports Hall until the end of February. This is not the same as proper football and we can't take everyone each week as numbers are limited but it is perhaps more comfortable in the worst of the winter.

It is perhaps worth noting that with the very worrying fall in young people in the two Dales we have players regularly, not just from Swaledale and Arkengarthdale, but also Teesdale, Wensleydale and Richmond.

Happy New Year to all players, parents and readers.

David Williams
01748 884650

davidwilliams@mowdenpark.co.uk

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The Longest Place Name?

Near Porangahau in Hawke's Bay, New Zealand, is a hill known as "Taumata whakatangiri hangakoauau o tamatea turi pukakapiki maunga horo nuku pokai whenua kitanatahu", which translates into English as "The place where Tamatea, the man with the big knees, who slid, climbed and swallowed mountains, known as 'Land eater', played his flute to his loved one." Locals simply call it Taumata Hill.

You can find the hill by driving south from Waipukurau for about 55 kilometres, turn right onto Wimbledon Road. A sign displaying the name is situated about five kilometres along this road.

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Bellerby Study Group

The Bellerby Study Group will start its 2016 season on **Wednesday 20th January** with *Following in the Nuns' Footsteps* when Sandy Carter describes how a 12th century Benedictine nunnery developed into a successful outdoor education centre. Sandy is Marrick Priory's Development Officer and will describe this local resource with a national reputation.

On **Wednesday 27th January** Helen Pollard discusses Community Cycling Activities and the provision of opportunities for safe access by bicycle to the Yorkshire Dales. Helen is a teacher who organises cycling courses for young people in her own time.

The Bellerby Study Group arranges talks in winter and walks in summer, meetings are at 7.30pm in the Memorial

Hall, Church Street, Bellerby. Membership is £10 per term, and visitors and guests are welcome at £2.00 per meeting. Contact Douglas Dempster tel. **01969 622040** for further information.

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New Year Fireworks

The New Year family fireworks display will be held on Reeth green at **7.00pm** on **Friday, 1st January**.

Admission is free but a collection will be taken and there will be a barbecue.

Keld Resource Centre Drop-In

Residents of Keld and Upper Swaledale are invited to a 'drop-in' session at Keld Public Hall on **Saturday 16th January** for an update on the plans for restoring the Keld Literary Institute as part of the Keld Resource Centre project.

In addition to displays, members of Keld Resource Centre will be on hand to answer questions.

The drop in session will be open from **11:00 to 14:00** and people can arrive at anytime during this period.

Wensleydale Concert Series

On **Saturday 30th January** at **7.30pm** in Aysgarth Church there will be a cello recital by international soloist Jonathan Bloxham fresh from a concert tour of Australia, New Zealand and the far east.

For full details and tickets. go to:

www.wensleydaleconcertseries.co.uk

Important note: if there is bad weather the venue may change so please check the website for details before travelling.

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Friday 15th January Domino Drive

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Get Fit For 2016

Trail Running seems to be increasingly popular here in Swaledale. It's 'Not a Park Run' is a new idea hosted each week by Swaledale Outdoors Shop. It's a regular, sociable (and competitive if you want it to be) timed run around a set 7km loop. It's perfect for training whatever your level and a great way to measure your performance over the weeks and meet some new people. Swaledale Outdoors Shop will post results each week on their Facebook page and on their website.

Why not give it a go? It's a

beautiful 7km route suitable for all abilities. Walk and jog if you like. It's not marked but it's easy to follow. Swaledale Outdoors can provide maps and a photographic route description which will help until you get to know the route.

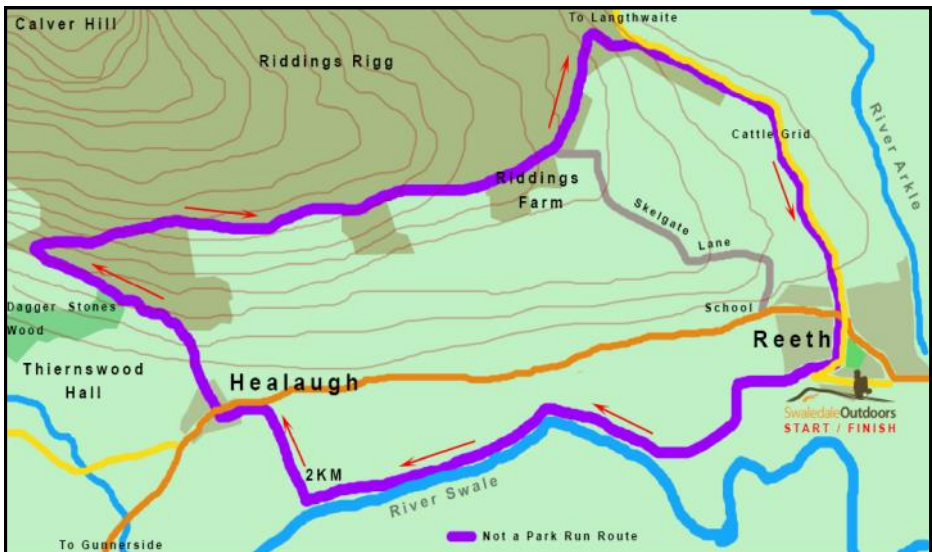
Group start is 9:30am (arrive early to register on first visit)

Prefer to run alone or with friends?

Turn up any time before 2.00pm to run and we'll enter you in the day's event. You'll receive a time for the course just the same as the group start runners.

Make 2016 your year to get fit!

Richard Gale



Route for 7km 'Not A Park Run.' This is a simple route but not a marked route.

If you get lost, don't worry: Next time you won't.

Useful Survival Tips On A Run

Crocodiles are surprisingly fast on land, but they are not agile. So, if being chased by one, run in a zigzag line to lose him or her. To escape the grip of a crocodile's jaws, push your thumbs into its eyeballs - it will let you go instantly.



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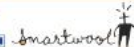
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DNA

Unfortunately this is not 'DNA' as we know it. We are not quite at the point of changing our treatments to suit your genetic makeup, although this may be something to consider in the future. DNA can also mean 'Did not attend'. Unfortunately we have had a spate of non-attendance for appointments with both the GP and the nurse.

I appreciate people forget and last minute things get in the way. However, we have lost quite large amounts of clinical time in the last few months. Over an hour of nurse appointments was missed in one day alone - this will have knock on effects for others wanting to book appointments as well as rebooking the original missed appointment.

Please let us know in plenty of time if you are unable to attend so that we can offer the appointment to someone else and we can spare Marg's nerves as she tries to please everyone!

Improving Accessibility

Over the coming months, we are making some changes to improve the way we deal with people with disabilities. We

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already use a portable hearing loop in the reception and have an assistance bell outside for wheelchairs. We would like to know how many people have hearing aids or problems with communication so that we can build up a picture of what service changes are needed. If you could let us know, perhaps by making a short note on your repeat prescription list for example.

We are going to redesign our website to make sure it is compatible with screen readers for partially sighted patients and we will offer letters in a large font size if requested.

Please do keep in touch about access problems as we need patient feedback to develop and improve our service.

All the best.

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Album of the Year

This time last year, I was eagerly anticipating the appearance of 'the great Nils Lofgren' at The Sage in Gateshead. The concert exceeded all expectations.

So thrilled was Nils with the audience response that his wife Amy insisted they record the last half of the tour (which included the Sage concert) optimistic that it would lead to an album of live tracks to commemorate the tour. She was right.

The album, **UK 2015 Face The Music Tour** was released at the end of October and has subsequently been

chosen, unanimously, as Radio Teesdale's Monday Drivetime Show Album of the Year - a unique achievement for Nils as he also featured on last year's Album of the Year: Bruce Springsteen's *High Hopes*.

Fans of Nils will love the album. Those who have yet to discover Nils' music will be amazed at the brilliance of his guitar playing, the richness of his singing and the thoughtfulness of his lyrics.

When told via Twitter of the award, Nils replied simply: 'Thank you. I am honoured.' A typical response from a humble, yet truly magnificent musician.

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In The Spotlight

This month it's the creator of sculptures weird and wonderful; magical and mysterious: Michael Kusz.

Tell us about yourself in 50 words or less:

Grew up in industrial S. Wales near the coast; whiled away a lot of hours in creative activity whilst developing a thick hide and a healthy sense of humour. Contrary to my critics, comics and Airfix kits fed me much more than any of my hard won academic qualifications.

Tell us something about yourself that not a lot of people know:

I once left dishes in the dishwasher for 7yrs!

What was the first job you ever had?

I worked with my dad a lot when young on 'moonlighting' handyman sorts of jobs on weekends - plumbing, building, window replacing, re-upholstery etc. but my first employment was around 16 as a 'line-boy' at the furniture factory where my dad worked. A fully trained "gofor".

What do you like/dislike about living/working in the Dales?

First place I ever felt at home, I would dislike leaving.

If you won the Lottery jackpot, what's the first thing you would buy?

An EDM machine and somewhere to put it. *[Look it up if you don't know. . . I had to.]*

Which is your favourite film /book?

Tarkovsky's 'Stalker' / 'Love's Quiet Revolution' by Scott Kiloby

What is your favourite meal?

A Thai curry.

How do you like to spend your spare time?

With my partner, Barbara

Who would you most like to go for a drink with?

Olaf the Lofty. *[Kindred spirits, eh?]*

Is the glass half full or half empty?

Is it my round?

What would be your luxury on a desert island?

A feather pillow

If you could ban one thing in the country, what would it be?

Midges!

Your house is on fire. You can save one item. What would it be?

My shoulder bag.

What's your favourite joke?

It's a zen one - What's the difference between a bowl of chillies?

[Stick to motorcycle maintenance, Michael.]

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Church Services January 2016

3rd Jan.	9.15 am	St. Mary's Muker	<i>Eucharist</i>
	10.30 am	Low Row URC	
	11.00 am	St. Edmund's, Marske	<i>Holy Communion</i>
	11.00 am	Holy Trinity Low Row	<i>Eucharist</i>
	11.00 am	Reeth Evangelical Congregational	
	2.00 pm	Keld URC	
	2.30 pm	Gunnerside & Reeth Methodist	<i>Covenant Service</i>
	6.00 pm	St. Andrew's Grinton	<i>Evening Prayer BCP</i>
	6.30 pm	Reeth Evangelical Congregational	
10th Jan.	9.30 am	St. Andrew's Grinton	<i>Eucharist</i>
	9.30 am	St Michael's Downholme	<i>Morning Prayer</i>
	10.30 am	Low Row URC	
	10.30am	Reeth Methodist	<i>Family Service</i>
	11.00 am	Reeth Evangelical Congregational	
	11.00 am	St. Edmund's, Marske	<i>Morning Prayer</i>
	11.15 am	St. Mary's Arkengarthdale	<i>Holy Communion BCP</i>
	6.00 pm	St. Mary's Muker	<i>Evening Prayer</i>
		Reeth Evangelical Congregational	
17th Jan.	9.15 pm	St. Mary's Muker	<i>Holy Communion BCP</i>
	10.30 am	Low Row URC	
	10.30 am	Reeth Methodist	
	11.00 am	Holy Trinity Low Row	<i>Eucharist</i>
	11.00 am	Reeth Evangelical Congregational	
	11.00 am	St. Edmund's, Marske	<i>Holy Communion</i>
	2.00 pm	Keld URC	
	2.30 pm	Gunnerside Methodist	
	6.30 pm	Reeth Evangelical Congregational	

REETH AND DISTRICT GAZETTE LTD

Church Services January 2016

21st Jan.	7.30 pm	Gunnarside Methodist <i>Week of Prayer for Christian Unity Service</i>	
24th Jan.	9.30 am	St. Andrew's Grinton	<i>Eucharist</i>
	9.30 am	St Michael's Downholme	<i>Holy Communion</i>
	10.30 am	Low Row URC	
	10.30 am	Reeth Methodist	
	11.00 am	Reeth Evangelical Congregational	
	11.00 am	St. Edmund's, Marske	<i>Holy Communion</i>
	11.15 am	St. Mary's Arkengarthdale	<i>Holy Communion BCP</i>
31st Jan	6.30 pm	Reeth Evangelical Congregational	
	10.30 am	Low Row URC	<i>Holy Communion</i>
	10.30 am	St. Mary's Muker United Parish Eucharist <i>Candlemas and a Celebration of Grandparents</i>	
	10.30 am	Reeth Methodist	<i>Holy Communion</i>
	11.00 am	St. Edmund's, Marske	<i>Holy Communion</i>
	11.00 am	Reeth Evangelical Congregational	
	2.00 pm	Keld URC	
	2.30 pm	Gunnarside Methodist	
6.30 pm	Reeth Evangelical Congregational		

<p>The Methodist Minister for the two Dales is Rev. Les Nevin, who can be contacted on 01748 823149 or by email: les.nevin@icloud.com</p>	<p>Rev David Levell minister of Reeth Evangelical Congregational Church can be contacted on 07582 575815 or by email through the church website at www.reethecc.co.uk</p>
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<p>The Reverend Caroline Hewlett, Vicar of the Parish of Swaledale with Arkengarthdale, can be contacted on 01748 884706 or by e-mail at carolinejhewlett@btinternet.com</p>	<p>Roman Catholic Services For information contact Father O'Neil on 01748 822175 www.stjosephsfx.co.uk</p>
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<p>Religious Society of Friends (Quakers) Meetings are at Quaker House, 7 Grove Square Leyburn every Sunday at 10.30am. Additionally on the 2nd and 4th Sunday of every month at the Scout Hut, Quakers Lane, Richmond at 10.30am. For further information contact Judith Calow on 01748 884320 or www.dalesquakers.org.uk</p>



Computer Corner

With Carol Haynes of Dales Computer Services

Let's start the year with a spring clean

Happy New Year to everyone and I do hope your Christmas was an enjoyable break. Let's start off the New Year with a bit of a spring clean for your computer, tablet or phone.

The most useful tool I have found for clearing out rubbish is CCleaner. You can download the free version from these links:

For Windows: <http://tinyurl.com/ccleaner-windows> (Note: it says TINYURL)

For Mac: <http://tinyurl.com/ccleaner-macos> (the free version is fine)

Do copy the addresses carefully into the address bar of your browser (not a search box).

Once downloaded you need to install the programme. To do this, find the file you downloaded and double click on it and follow the instructions.

A CCleaner icon will be added to your desktop. Make sure all windows and programmes are closed and then double click the icon to start the programme.

When the window opens just click "Run Cleaner" and confirm you want to delete files. The default settings of the programme are safe - don't change any of them unless you know what you are doing.

Note that this only removes accumulated rubbish. It does not delete your files or photos etc. and it does not uninstall programmes. It does remove

cookies from your computer which means you will need to log in to websites again when you next visit them.

There is a version for Android tablets too which you can download via GooglePlay app store for free; but as far as I know there is no version for Apple mobile devices.

CCleaner is updated fairly regularly and the company who make it take the opportunity to suggest buying the paid for version. If you find the programme helpful it is probably worth supporting them as they rely on sales to continue development of their products. There is no need to buy anything if you don't want to as there is always a free version to download.

Something else you can do is to uninstall programmes you no longer want or use. You can use the normal method for uninstalling programmes for your device. On Windows CCleaner has quick access to uninstalling programme: open CCleaner; click on 'Tools' on the left and then 'Uninstall' in the left column. Then click on the programme you want to remove and click 'uninstall' and follow the instructions.

Take care not to uninstall things you are not sure about. A good guide to what can and can't be removed is the date it was installed. If it was installed with the new computer or a long time ago leave it alone but if it is something recent you don't need it is likely safe to remove it if you don't need/use it.

I hope that is helpful. As always if you have suggestions or questions regarding articles I write, drop me a line at:

carol.haynes@dalescomputerservices.com

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**Notes from your
District Councillor**

Well, it's that time of year again when we make our New Year's resolutions, take down the decorations, and start looking forward to the year ahead. Please spare a thought for those people who were working over the festive season - nurses, doctors, police and fire crews as well as those working in shops to get ready for the sales.

We are fortunate in our area to have such talented people keeping us entertained, Brass and Pearls, The Artyfacts and North Country Theatre as well as the concerts arranged by John and Tracy Little. There have been concerts featuring our local choirs and Church services as well as carols round the tree. For a small population we certainly do very well for things to do.

Roadworks seem to have been happening all around us, hopefully by the time you are reading this all will be completed.

For those who have businesses in the Dales, Richmondshire District Council are urging them to check that they are not missing out on Business Rate Relief. There are several reliefs to which you may be entitled to. For more information and advice contact the council on **01748 901019**

With very best wishes for 2016 to everyone in the Two Dales.

Richard Beal
Reeth & Arkengarthdale Ward
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Gazette Deadlines

The deadline for the February issue is:
January 10th

Kim and Richard
Atkinson

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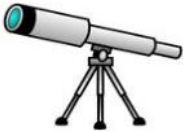
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Astronomy in the Two Dales

Happy New Year and welcome to 2016. We start the year on the 3rd with the Quadrantids Meteor Shower. This display can rival that seen in December, however it is renowned for being a swift and sudden downpour and rarely lasts more than a few hours.

Its name is a bit confusing as the meteors are seen radiating from the constellation Bootes, the ploughman, so they should be called the Bootids. However they are named after a defunct constellation created in 1795 by the French astronomer Jerome Lalande: the Quadrans Muralis. They are best seen in the early morning, however the 2nd quarter moon will be bright enough to obscure some but not all, so look eastward before dawn.

The planets are still residing in the early morning southern sky, forming a line of Saturn, Venus, Mars and Jupiter. The best time for viewing this is 6.30am onwards, and on the 9th Saturn will be eclipsed by Venus. This event will occur over 8th, 9th and 10th of January, with the two planets getting ever nearer until they are seen as one. This event will occur low in the sky so a higher vantage point may be necessary.

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The moon will also get in on the act, and as the new moon occurs on the 10th, there will be dark skies free of moon light for our planetary display, until the 24th when the full moon, known as the Full Wolf Moon by those with hairy knuckles, howls down at us.

Deep Sky Objects

As a New Year Bonus, we have been given extra space so that we can give the vast numbers of you who pour over the pages of this most excellent magazine some more detailed astronomical information.

When we look up at the night sky, we assume that what we are looking at are stars, burning suns, not dissimilar to our own star, albeit further away or a different colour. However there are a multitude of objects that, appearing to give off light, are not stars at all, and these are known as deep sky objects by astronomers.

These objects fall into several categories, and are best illustrated with images, so over the page are some pictures taken by members of the Reeth Informal Astronomy Group.

Deep Sky Objects

We shall start with galaxies. Here we have Bodes galaxy and the Andromeda galaxy.



These are similar to our own milky way galaxy in that they are chock full of stars, so many in fact that the stars themselves look like grains of dust. These objects are just visible to the naked eye and through binoculars they will show up as fuzzy blobs, however even with a powerful telescope, you would not see images as clear as these pictures, as these are made up of several photographic images layered one on top of the other.

This allows the faint details to be brought out using computer image enhancement.

Then we have globular clusters. Here we have two globular clusters



M13 and M79.

They have the designation M for Charles Messier (26 June 1730 - 12 April 1817) who was looking for comets and found a variety of bizarre things that were not, so he catalogued them and this became the Messier catalogue. These blobby looking things are composed of hundreds of thousands of stars all packed together, and at present

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defy all scientific explanation. Finally we have the beauties of the universe, the nebula. The Orion Nebula and the Dumbbell Nebula.



Nebula are the remains of an

exploded star and what we see in these pictures are the gas and dust left over from the massive detonation of a solar body, and yet in all this destruction, new stars can be seen forming in the dust clouds that will one day disperse until another nearby star reaches the end of its life and scatters its remains across the cosmos.

And where would we be without a photograph of our home, the Milky Way? The image at the bottom of the page shows dark patterns of dust through which no light can pass; the bright part is the centre of our galaxy, where the greatest concentration of stars is found.

**The Starman
Reeth Informal Astronomy Group
www.reethastro.org**

**Don't forget: The Gazette is online.
www.2dales.org.uk**



Message From The Swaledale Museum In Reeth

Happy New Year to you all, and fingers-crossed for a bumper 2016. We have started the year off with some great news. The archive page on our website has received over 8,200 views over the last year: what fantastic outreach. Thanks go to Friend of the Museum Stephen Eastmead for making this possible, via our links to SWAAG. E.M. Forster's exhortation to 'only connect' (in *Howards End*) is truly appropriate to the digital age.

We are also delighted to publish our lecture programme for the year. All talks are in the Museum at 7.30 pm. Don't forget to put the dates in your diary. We have already started taking bookings.

Wednesday 18th May: Friends of the Swaledale Museum AGM at 6.45 pm followed by the second 'So You Think You Know Your Swaledale and Arkengarthdale?' quiz.

Wednesday 1st June: Lead Mining - Double Launch: Roger Preston will discuss the background to, and techniques used in, his Swaledale

Museum exhibition 'The Eye of the Beholder' focussing on photographs of the local lead mines; and David Joy will introduce his new book *Men of Lead, Mining in the Yorkshire Dales*. Copies of the book will be available at a special reduced rate on the night.

Wednesday 15th June: Will Swales, 'Swaledale Hill Farms 1700 to the Present'. This talk explores Will's research for his forthcoming book. Come and learn about the fascinating stories of feuds, hardships, and triumphs among the hill farmers of Harkerside, together with an account of the radical changes in some aspects of farm life.

Wednesday 29th June: Shaun Richardson will introduce 'Swaledale and the Cold War: Surveying the Royal Observation Corps Bunker at Grinton'. Come and tell us your story - if you remember the bunker, or were in the local ROC at the time of its construction and operation.

Wednesday 6th July: Philip Batman 'Sink or Swim: Kinship Families and the Collapse of Lead Mining in Victorian Swaledale'

Wednesday 20 July: Helen Bainbridge & Marion Moverley, 'Read All About It': Swaledale and Arkengarthdale in the



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Newspapers' - scandals, sensations, long hidden secrets and more culled from the 19th and early 20th century Press

Wednesday 24th August: George Edward Brown will give an informal talk on 'Remembering Haverdale Mill, Low Row', a very special opportunity to hear this personal history of one of our landmark buildings.

Wednesday 21st September: Sue and Les Knight, will present 'A Date with Lichens' explaining how they can be used to understand historic air pollution from smelting in Swaledale and Arkengarthdale. The evening will include time to look at lichens under the microscope.

If you want to sign up for our more detailed e-newsletters that come out every 3-6 weeks with latest developments do let me know via

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museum.swaledale@btinternet.com and we will put you on the circulation list.

Annual membership: single £10, joint £15, family £20. Membership gives you unlimited free entry to the Museum, discount on talks, and our twice-yearly Newsletter.

For more information contact Helen Bainbridge:

museum.swaledale@btinternet.com

or on **01748 884118**.

Watch out for new events on our website: www.swaledalemuseum.org

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Upper Dales Family History Group

Sam Woods was the speaker at our last meeting. He has researched the story behind a memorial in Gilling West Church to Christopher Cradock from Hartforth Hall: 'The North Riding's Forgotten Admiral'.

The hall is now a hotel but retains its family links through a painting of Christopher's last command, The Good Hope, his ill fated ship at the battle of Coronel.

Born in 1862, Christopher was a younger son with few expectations. Consequently, after a brief education at Richmond Grammar school, he joined the Navy aged only twelve. Two years later he was a midshipman and then steadily rose through the ranks to Rear Admiral.

His career took him around most of the world, gathering commendations and medals on the way for his bravery in the Sudan and during the Boxer Rebellion in China in 1900. Closer to

home he served on the royal yachts and was appointed ADC to Edward VII.

In his spare time he wrote books including 'Whispers from the Fleet' - essential reading for any young man contemplating a naval career. Rather alarmingly in retrospect he admitted that he had little experience of gunnery and had asked someone else to write the relevant section.

The Great War found Cradock at the other side of the Atlantic. Sam filled in the background of many of the personalities involved in directing the actions of the navy at the time, particularly the First Sea Lord, Winston Churchill. Much of the advice coming from the Admiralty was open to more than one interpretation and the only way ships could receive their orders was to put into port and collect telegrams - not exactly instantaneous.

Christopher Cradock's final engagement was the Battle of Coronel, fought off the coast of Chile in November 1914 when he was outnumbered and outgunned. Possibly he should have withdrawn but he was determined not to back down and risk court martial as had already happened to one of his colleagues in the Mediterranean fleet.

In total 1570 men were lost from the British fleet and two cruisers were sunk, whereas the Germans suffered only three wounded. Inevitably the blame for the humiliation focussed on Cradock for engaging the enemy against such odds and Sam recommended a good book on the subject, 'Scapegoat' by Steven R Dunn - the title says it all.

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Autumn Term School Report

The Autumn term was certainly an action packed one for us at Reeth and Gunnerside Schools. We returned to school in September to benefit from further enhancements to the learning environments: both the infant classroom and the central junior classroom at Reeth had been refurbished and decorated - the 'new look' rooms have a light and airy feel, with improved furniture layouts and wall display areas.

We have also re-developed the west facing classroom at Gunnerside as a Year 5/6 classroom, enabling the pupils on that site to benefit from 3 modern classrooms and smaller class sizes. In addition, we have upgraded our IT resources at both sites, replacing the older desktop PCs we had with new, high specification education laptops - 15 at each school, complimented by our class set of iPads.

We launched our updated curriculum, working on a two year cycle, and have seen some brilliant learning experiences as part of this. Our Year 3 and 4 class have learned about the Vikings and have brought the project to

life by building a longship in the field at Gunnerside. Working with Forest Schools practitioner, Mr Pellatt, the pupils have learned to use tools and natural materials found within the school grounds. The results were fantastic and pupils have commented on how it felt like they were making a real boat, ready to sail.

All junior pupils took part in a fantastic cultural visit to York in November. Year 3 and 4 experienced archaeological discovery at DIG and the Jorvik Viking Centre, while Year 5 and 6 focused on Roman history at York Minster. We stayed overnight at the youth hostel, visited York Mosque on our second day and had a great time experiencing a contrasting locality.

We have also contributed to an exciting project, working with BBC Radio 3 and children's author, David Almond, making a programme about Crackpot Hall and about the story of a small girl called Alice who was said to live there in the 1930s and to roam around alone. The BBC and David had tracked down Alice, finding her well and now living in Carlisle.

Keen to find out more about Upper Swaledale and children's perception of this landscape today, David led a discussion with junior pupils followed by

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a recording session. The children provided some real insights and were able to comment on the landscape around Keld, both from their experiences out of school and after the whole school walk in the summer term that passed just below the old farm. Pupils loved the experience, commenting on how it had boosted their confidence.

To listen to the programme, or catch up on life in our schools, please visit our school blog, available on our website.

Juliet Bearpark

[Editor's Note: This report was intended for the December edition but unfortunately there was no space for it.]

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Youth work: Richie Bastow, local Youth Development Worker, attended the meeting to explain about his role in supporting community volunteers to set up clubs and activity groups for young people across the area. An advert would be placed in the Gazette to encourage volunteers to come forward and there would be consultation with the young people to find out what, if anything, was required.

Road works: No further information had been received about time scale of the road repairs between Strands and Gunnerside.

Flash flooding: The county council had been in touch regarding planning to deal with flash flooding. The clerk would inform them that any such emergency would be more than adequately handled by the local fire service.

Donations: Donations would be given to Reeth Brass Band towards the purchase of new uniform jackets for those moving up from the junior to senior band; and to the Great North Air Ambulance.

Planning consent: There were no objections to an application for a variation of the planning conditions at Orton Works.

Street lights: A street light pole which had been damaged in recent gales had been replaced and other similar poles had been inspected. A number of others around the village which were not currently working would be reported.

Precept: It was agreed not to set a precept again for the coming year as

income from the market and honesty boxes covered the foreseeable expenditure.

Christmas: The new Christmas tree lights had been delivered and the tree would be put up in early December. Carols round the tree with the brass band was confirmed for 8.00pm on Sunday, December 20 and Coun Beal would approach one of the local businesses to ask if they would consider providing light refreshments on the night.

Parking: Coun Kendall would discuss with the GP the wording of a notice to be displayed in the surgery about parking in Langhorne Drive.

Problems were still occurring on the narrow road at the top of the green where wagons were driving onto the grass to avoid parked cars and damaging it, particularly in wet weather. Similar damage had been caused in Anvil Square. After discussion amongst councillors and with residents it was agreed to initially try a combination of yellow lines and grasscrete to protect the worst affected area of the green.

Remembrance Sunday: The arrangements had gone well. It was agreed that next year's tea would be moved back to the Memorial Hall which had been unavailable this year due to a prior booking.

Defibrillator: The defibrillator would be delivered in the next few days and when it was in place arrangements would be made for a public training session.

Repairs and maintenance: The chairman reported that the bulging wall alongside School Hill had been

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reported and had now been inspected by an engineer.

A tree on Fremington corner which blocked the view of traffic turning on to the main road had been trimmed back.

Coun Frankland would inspect the parking sign which had fallen down in Healaugh and Coun Bearpark would deal with damage to the green in Anvil Square.

Royal birthday: Coun Beal asked if anything had been planned to mark the queen's 90th birthday next year. This would be put on the agenda for the next meeting when it was hoped that more details of possible public events would be available.

Local representation: Although all queries and correspondence for the council should still be sent to the

parish clerk, members agreed that it would be useful to have designated councillors to take an interest in particular parts of the parish outside the village of Reeth. Coun Beal agreed to represent Healaugh and Coun Gale to represent Fremington.

Next meeting: 7.00pm on Monday, January 25, in the Methodist Schoolroom.

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The Royal British Legion Poppy Appeal 2015

This year the poppy appeal raised **£1,784.43** for the British Legion so thank you to everyone for giving so generously.

I would like to thank all the House to House ladies who kindly give up their time to collect in their villages. Also the invaluable help I get from the ladies who help count the money: their help is very much appreciated.

In addition, thank you to all the pubs, shops, restaurants and outlets who kindly allow a tray of poppies on their premises.

If there is anyone else who would like a tray of poppies please contact **Martin Sunderland** who will be the new poppy rep. He has kindly volunteered to take over from me for 2016 and his

contact number is: **01748 884671.**

Thank you to Mrs Chris McKay who did a fantastic job of collecting in Healaugh, but currently there is no one to collect at Healaugh. If there is someone who can give up a part of their time for this worthwhile cause, please ring Mr Martin Sunderland.

Many thanks again to everyone.

Chris Porter
Poppy Appeal PAO

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Yorkshire's National Parks Join Forces For Celestial Celebration

The Yorkshire Dales and North York Moors National Park Authorities are teaming up to hold their first joint week-long Dark Skies Festival during next February's half-term school holiday.

The Festival, which will take place from Monday 15 February until Sunday 21 February, will invite visitors to eye the skies and discover the wonder of stargazing in the two Yorkshire National Parks. The low light pollution in both Parks makes them an ideal location for spotting constellations, shooting stars and other cosmic happenings.

Together with sky-at-night events, visitors will also be able to discover more of the nocturnal world within the National Parks with guided torchlight walks highlighting the wildlife activity at night.

The programme of activities includes a host of other events such as a dark sky trail run, evening caving, storytelling, glow-in-the-dark writing, poetry readings, solar system scavenger hunt, telescope-making and craft activities throughout the week.

The main events will be held in and around the National Park Centres in Reeth, Aysgarth Falls and Danby, and Sutton Bank and Hawes, both of which are also designated Dark Sky Discovery sites, with skies that have been found to be sufficiently dark that the Milky Way can be seen to the naked eye.

Dalby Forest, another Milky Way class Dark Sky Discovery site in the North York Moors will also be involved,

as well as events held in conjunction with Hidden Horizons on the coast.

Both National Parks are working with groups such as the Reeth Informal Astronomy Group and Whitby & District Astronomical Society to stage the Festival.

Businesses and attractions in the National Parks are also being encouraged to participate by organising their own dark skies event, making it a celestial celebration right across the Dales and North York Moors from the Pennines to the coast.

Richard Darn, astronomer and dark skies hunter, commented: "Yorkshire is fortunate to have some very special spots in both National Parks which are a stargazer's paradise. In an urban area you will be lucky to see 20 stars on a clear night whereas in an area of low light pollution such as the National Parks you could see as many as 2,000.

"We will glimpse the great winter constellations of Orion and Gemini as they give way to the sparkling spring stars of Leo. We'll also have a stunning view of Jupiter and a waxing moon. It's a fabulous time to celebrate this amazing Universe and our wonderful dark parks."

Further details and programme of events will be available in 2016 by looking on:

www.northyorkmoors.org.uk/darkskies

or

www.yorkshiredales.org.uk/stargazing

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Marske In Swaledale WI Annual General Meeting

We met at 12 noon, an earlier time to avoid travelling in bad weather, and before we began the meeting enjoyed a soup and pudding lunch provided by the committee.

Jerusalem was sung and the rollcall and raffle were both won by Eileen. Orders for the Christmas lunch were finalised and next year's programme, which looks very interesting, was discussed and agreed.

Three members had enjoyed a very entertaining evening at Ravensworth WI's 70th anniversary celebration.

The AGM business was carried out with reports from the Secretary and Treasurer on a busy and eventful year. In her President's Address, Hazel

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thanked committee members for their support and hoped for recruitment of new WI members next year. She agreed to be re-elected as President for 2016.

Business over, Elizabeth conducted a general knowledge quiz which was won by Hazel.

The next meeting is in Marrick Institute on Tuesday 26th January at 12 noon with a travel talk by Lorna Kitchin. Soup and a pudding will again be provided. Visitors always welcome.

Eileen Martin

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Baby Bear's Story

Now let's get one thing straight right from the start: I am not a baby. Even though my Ma and Pa insist on calling me Baby Bear, I am a young adult. OK?

So, you want to know about when that girl ran amok in our house. Well, the day started just like any other with Ma shouting up the stairs, 'Baby Bear . . . ' (Wouldn't that annoy you too?) 'Baby Bear, your porridge is ready.'

And that's another thing: I hate porridge. I detest porridge. I loathe porridge. Yet Ma cooks it every morning for breakfast. Who's heard of bears eating porridge anyway? Why can't I have honey like that Pooh Bear character gets all the time? I try to tell them but they won't listen.

Anyway, like the obedient son I am, I trudged downstairs for my bowl of sloppy, lumpy porridge. There it was on the table, in a bowl with 'Baby Bear' written on the side - a Christmas present from my aunty. But at least it was only a small bowl - nowhere near as big as the bowl for 'Pa Bear'. I suppose I should be grateful for small mercies.

I know it would have been polite to thank Ma for cooking my breakfast, but it is hard to be polite when you are faced with a bowl of pukey porridge. So I sat down without a word and picked up my spoon. Just as I was about to dip in and take my first spoonful, Pa stopped me with a shout. 'Hold your horses there Baby Bear; these vittals might be a tad too hot for a bear's tender tongue.' (Don't worry, I don't understand what he means a lot of the time.) Then he shouted through to Ma in the kitchen, 'It's mighty hot porridge this morning Ma. Reckon we should stretch our legs awhile in those woods while our porridge cools down.'

'Please no,' I thought to myself. To Pa, stretching your legs meant a ten mile march through the forest. By the time we got back, the porridge would have more than cooled down. If there is one thing I hate more than a bowl of steaming porridge, it's a bowl of stone-cold, solid porridge.

But as always, Ma went along with

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what Pa said and before I knew what was happening, we were walking out of the front door; Pa in front with a rucksack on his back; (Don't ask me why we needed a rucksack if we were just 'stretching our legs') Ma next, and me following along behind them.

Yes I know what you are going to ask now so I might as well admit it straight away: I forgot to close the front door. So there you have it - blame it all on me if you want.

Don't ask me what time it was when we got back. It felt like we had been walking for hours and all on an empty stomach. But as we walked back up the garden path I saw with horror the open front door. At the same time I noticed an unusual looking bird in the garden so quickly I pointed it out to Pa. He was so excited about seeing a 'greater lesser spotted two-tailed willow creeper' or something like it, that he marched into the house without noticing that the door was open and straight into the kitchen to get his binoculars.

I was wondering if I could creep up to the bedroom without anyone noticing, when I heard a roar come from Pa in the kitchen. 'Somebody has been eating my porridge' followed by Ma squealing the same thing. I rushed in to find both Ma and Pa standing looking at the three bowls of porridge on the table. They turned and frowned at me. I was about to say that it certainly hadn't been me but noticed my empty bowl of porridge and shouted, 'And somebody has been eating my bowl of porridge and they have eaten it all up.'

Someone breaks into our house and eats my porridge. That is what I call a result! **To be continued . . . maybe.**

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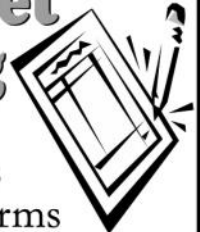


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Diary Dates

January

- 1st Fireworks, Reeth Green. 7.00pm
- 8th Owd Roy Domino Drive, Muker Public Hall, 7:30p.m
- 8th Pool Knock Out, CB Inn
- 9th Film in Gunnerside Village Hall, 7.30 pm. (Title of film to be announced later)
- 15th Domino Drive, CB Inn
- 16th 'Drop-in' session, Keld Public Hall. 11.00am - 12.00pm

February

- 5th Reeth Show AGM, Reeth Memorial Hall. 7.30pm
- 15th Start of Dark Skies Festival
- 19th Dominos & Whist, Low Row
- 19th Megson, Reeth Memorial Hall 8.00pm
- 26th Muker Show Domino and Whist Drive

March

- 4th Reeth Show Domino & Whist Drive, Reeth Memorial Hall. 7.30pm

April

- 9th Hannah James' Jig Doll Tour, Reeth Memorial Hall. 8.00pm
- 29th An Evening With Anita Harris, Reeth Memorial Hall. 8.00pm

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I presume that they carried out the investigation a number of times to ensure the results were accurate, so how did they make sure it was a fair test? Obviously they would need to make sure the number of times the head struck the wall was the same in the hour and that an equal amount of force was used for each head-butt of the wall.

But more mystifying than the complexities of the investigation is the question: What made them decide to carry out the investigation in the first place? Were they developing a new kind of diet? 'Yes you can eat that bar of chocolate but you have to bang your head against a wall for 2 hours to compensate for the calories.'

I wonder if they worked out the calorific benefit of other forms of self-inflicted abuse. Some people might prefer to kick the wall rather than head it; or maybe hit themselves on the head with a frying pan..

What would have been really useful though, is if they had also worked out the calorific value of a spider as over our lifetime we eat on average a total of eight spiders at night. Then at least we would know how many times we needed to bang our head against a wall in the morning to compensate for the spiders we had eaten.



Sarah's of Reeth

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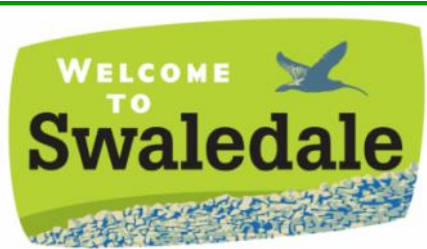
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